



BOY SCOUT TROOP 53

BELLEVILLE, ILLINOIS

Lewis & Clark Council, BSA

<http://troop53.net>

First Year Scout Training Program

Patrol: _____

Assistant Scoutmaster: _____

Troop Guide: _____

Orientation/Organization

Requirement/Activity/Skill		Activities	Supplies
Patrol Method (pages 16–23)	Week 1	discuss Patrol Method	
Patrol Name, emblem		discuss potential Patrol names	Insignia Guide book
what is a PL, APL?		discuss PL, APL jobs	PL, APL job descriptions
		discuss weekly dues, uniform and book inspection	
Troop 53 Honor Scout program		discuss bead/Honor Scout program	Mr. Brethauer
	Week 2	elections for PL, APL	
		PL – dues and book/uniform inspections	
		PL – lead discussion on Patrol meeting time/place	
Patrol name, flag, yell		PL – leads discussion on Patrol name, flag, emblem, and yell. Who makes flag? All – record Patrol info on page 56	
		Guide/PL – introduce new Patrol at end of Troop meeting	
Troop Organization (pages 24–27)	Week 3	discuss Troop hierarchy	Troop flowchart
Know the Troop positions: SM, ASM, SPL, ASPL, QM, Scribe, Librarian, Historian, Chaplain Aide, Troop Guide, Den Chief, Bugler		discuss troop positions	Troop job descriptions

Requirements for Scout

Pages 1-14

Requirement/Activity/Skill		Activities	Supplies
Application & health history	Week 4	fill out and take home to complete: Application & health history	
Pledge of Allegiance		start discussion of Pledge of Allegiance (all read book during week)	
Scout sign, salute, handshake	Week 5	Review Pledge of Allegiance review sign, salute, handshake	
KNOT SKILL: Tie a square knot		practice square knot, discuss when it is used	ropes
	Week 6	square knot activity (fun)	ropes of various lengths
Understand the Oath, Law, Motto, Slogan, and Outdoor Code		discuss the Oath – what it means	
	Week 7	review the Oath discuss the Law, Motto, Slogan	
	Week 8	Scouts recite Law – each Scout describes what one word means Scouts recite Oath – describe its meaning Scouts recite the Motto and Slogan	
	Week 9	discuss the Outdoor Code	
Describe the Scout Badge		discuss the parts of the Scout Badge	Large picture of First Class Badge
	Week 10	review Outdoor Code – how it is used when camping/hiking review the parts of the Scout Badge	
complete the pamphlet exercises		assign pamphlet exercises to do at home w/parent(s)	
Scoutmaster Conference	Week 11	prepare for, and complete, SM Conferences	

Requirements for Tenderfoot

Requirement/Activity/Skill		Activities	Supplies
INTERRUPT THE PROGRAM FOR THE FOLLOWING 2 WEEKS WHEN NEEDED:			
	first campout record (page 31)	2 weeks before first campout	
1	CAMPING/HIKING SKILLS: dressed properly, proper gear, how to pack (p. 31)	example of Scout NOT prepared to camp	Guide or Instructor dresses & packs poorly
		discuss camping permission slip and fees	permission form
1, 3		1 week before first campout	discuss and assist in meal planning
	why it is important for each Patrol member to assist in meal preparation/cleanup		discuss and complete duty roster
			duty roster

2	CAMPING SKILLS: camp in a pitched tent (p. 31)		during a campout	
3	COOKING SKILLS: assist in cooking (p. 31)		during a campout	
4a	KNOT SKILLS: whip & fuse rope ends (p. 34)	Week 12	whip & fuse ropes	rope, matches and/or lighter(s), string
4b	KNOT SKILLS: two half-hitches, taut-line hitch (pp.35-37)		learn knot tying	ropes
4b	KNOT SKILLS: use of two half-hitches, taut-line hitch	Week 13 or on campout	pitch a tent using the knots	Voyager tents, ropes, stakes
5	HIKING SKILLS: rules for safe hiking and if lost (pp. 38-41)		during a campout	
6	CITIZENSHIP SKILLS: The flag: raise, lower, display, fold (pp. 42-44)		during a campout	
7	Explain: Scout Oath, Law, Motto, Slogan (pp. 45-55)		retest at intervals during weeks above	
8	Patrol: give yell, name, describe flag (p. 56)		retest at intervals during weeks above	
9	Explain buddy system. Discuss bullying. (p. 57)		meeting or campout	
10	Fitness test (pp. 57-58)	Week 14	do exercises, record results (retest in 30 days)	
11	CAMPING/HIKING SKILLS: identify poisonous plants, how to treat exposure (p. 59/318)		during a campout	
12a	FIRST AID SKILLS: choking (pp. 296-7)	Week 15-16	first aid training	
12b	FIRST AID SKILLS: cuts, blisters, 1 st degree burns, bites, nosebleed, frostbite, sunburn (pp. 304, 306-308, 310-313, 324)			
13, 14	Scout Spirit, Scoutmaster Conference	Week 17+/-	Prepare for, and complete, SM Conferences	
15	Board of Review	Week 18+/-	to be done on the last meeting of month	

Second Class Requirements

Note to ASM/Guide/Instructors: due to [summer camp](#) program(s), many of the following 2nd Class and/or 1st Class requirements may be taken care of. You will notice that the week numbers are no longer specified to allow you to adjust the program accordingly. You may want to take several meetings to review the requirements covered at camp for retention purposes.

Requirement/Activity/Skill			Activities	Supplies
1a	HIKING SKILLS: how compass works, orient a map, read map symbols (pp. 66-72)	Week X	during a campout	compasses, map of area
1b	HIKING SKILLS: 5-mile hike w/map & compass (pp. 73-74)		during a campout	compasses, map of area (pref. topo)
2a	ACTIVITIES: 5 troop/patrol activities, 2 campouts		campouts, other activities	record on p. 127

2b	CAMPING SKILLS: select Patrol site, sleep in pitched tent (p. 76)		during a campout	
2c	CAMPING SKILLS: knife/ax/saw use & sharpening, Totin' Chip (pp. 77–85)		during a campout	
2d	COOKING SKILLS: prepare tinder, kindling, and fuel (p. 86)		during a campout	
2e	COOKING SKILLS: use of fire & stove (p. 86)		during a campout	
2f	COOKING SKILLS: light a cooking fire and stove (p. 86)		during a campout	
2g	COOKING SKILLS: open fire cook breakfast or lunch, select balanced foods (p. 86)		during a campout	
3	CITIZENSHIP SKILLS: participate in flag ceremony (p. 87)		do when opportunity arises	
4	CITIZENSHIP SKILLS: 1 hour service project (p. 88)		Adopt–A–Highway, Postal Food Drive, etc.	
5	CAMPING SKILLS: identify evidence of 10 wild animals (p. 89–97)		during campouts	
6a	FIRST AID SKILLS: hurry cases: stopped breathing, bleeding, poisoning (pp. 293–302)	Week X,Y,Z	learn skills	triangular bandages
6b	FIRST AID SKILLS: personal first aid kit (p. 289)	Week XYZ	Scouts build kits at meeting	First Aid supplies
6c	FIRST AID SKILLS: object in eye, rabid bite, puncture wound, 2 nd degree burn, shock, heat stuff, hyperventilation (pp. 303, 305–306, 312, 314, 319–321)		simulated injuries	
7a, b,c	SWIMMING SKILLS: precautions, test, rescue methods (p. 98–107)		summer camp	
8a	CITIZENSHIP SKILLS: drug, tobacco, alcohol awareness (p. 108)		D.A.R.E.	
8b	Personal Safety 3 R's	Week XYZ	meeting	
9	Scout Spirit (p. 108)			
10	Scoutmaster Conference (p. 109)	Week X	Prepare for, and complete, Scoutmaster Conference	
11	Board of Review (p. 109)	Week X	Last meeting of the month	

First Class Requirements

Requirement/Activity/Skill			Activities	Supplies
1	CAMPING/HIKING SKILLS: day & night directions w/o compass (pp. 114–117)		during a campout	
2	HIKING SKILLS: orienteering course (pp. 118–125)		during a campout	
3	ACTIVITIES: 10 Troop/Patrol activities, 3 campouts (p. 127)		campouts, other activities	
4a, b,c	COOKING SKILLS: Patrol menu planning, food list & purchasing, select equipment to prepare (pp. 128, etc.)	Week X	campout planning	menu form
4d,e	COOKING SKILLS: safe food handling, serve as Patrol cook (pp. 128, etc.)		campout planning and during a campout	

5	CITIZENSHIP SKILLS: discuss rights with a community leader (p. 130)		discuss with a leader	invite leader
6	CAMPING/HIKING SKILLS: identify 10 native plants (pp. 131–137)		during a campout	
7a,b	KNOT SKILLS: discuss use of lashings; demonstrate timber hitch, clove hitch; lashing – square, shear, diagonal, tripod, round, floor (pp. 137–148)	Week X,Y,Z	practice and build w/lashings	ropes, poles
7c	KNOT SKILLS: make a camp gadget (pp. 137–148)		during a campout	ropes, poles
8a	KNOT SKILLS: Tie and use bowline (pp. 148–150)	Week X	\$nbsp;	ropes
8b	FIRST AID SKILLS: bandages for sprained ankle, and head/arm/collarbone injuries (pp. 309, 315–317)	Week X	simulate injuries	triangular bandages
8c	FIRST AID SKILLS: One– and two–man transport (pp. 326–329)	Week X	learn and use, simulate injuries	poles, blankets
8d	FIRST AID SKILLS: heart attack signs, CPR steps (pp. 294–298)	Week X	simulate symptoms, learn and use	dummies?
9a	SWIMMING SKILLS: safe float trip precautions (pp. 152–154)	Week X OR:	summer camp	
9b	SWIMMING SKILLS: BSA swimmer test (pp. 154–159)		summer camp	
9c,d	SWIMMING SKILLS: survival skills, rescues (pp. 160–163)		summer camp/Swimming MB	ropes, buoys, etc.
10	Scout Spirit (p. 164)			
11	RECRUITING: Invite boy to activity		As opportunity arises	
12	Internet safety, "cyberbullying"	Week X		
13	Scoutmaster Conference (p. 165)	Week X	prepare for, and complete SM Conference	
14	Board of Review (p. 165)	Week X	last meeting of the month	

The following pages are a First Year Scout Summer Camp Program that Troops can run on their own. It is designed to last 2 hours a day; we do ours in the mornings. Some of the requirements are the same as those covered above, but that just makes sure that either the Scouts who didn't get them the first time get them at camp and the Scouts who already have earned them get a little reinforcement. This is just a guide. Obviously take into account the number of Scouts getting instructed, the number of youth and adult instructors available, etc. Add/delete requirements or programs to fit your situation. In over 5 years of running our First Year Scout Summer Camp Program we have found it to be an integral, invaluable part of our overall First Year Scout Program.

Typical Summer Camp Second/First Class Program

NOTE: Pre-arrange for the 2 swimming requirements with the swim staff. Pre-arrange the service project with the camp director. Gather all supplies. Set up ax yard for use as fill-in time; review tool use and safety as needed. Can also schedule scouts to do flag raising/retiring for camp.

Day	Rank	Req.	Skill	Activity	Supplies
Sunday	2 nd Class	2b	CAMPING SKILLS: select Patrol site, sleep in pitched tent (p. 76)	select patrol site in camp	
	1 st Class	9b	SWIMMING SKILLS: BSA swimmer test (pp. 154-159)	swim test	
Monday	Tenderfoot	7	Explain: Scout Oath, Law, Motto, Slogan (pp. 45-55)	Recite Motto, Slogan, Law. Discuss meaning of first 4 points of Law. Recite Oath.	
	Tenderfoot	6	CITIZENSHIP SKILLS: The flag: raise, lower, display, fold (pp. 42-44)	practice flag skills including commands to retire flags	flags, commands
	Tenderfoot	5	HIKING SKILLS: rules for safe hiking and if lost (pp. 38-41)	ask scouts what the rules should be and what to do if lost, then review actual information	
	2 nd Class	1a	HIKING SKILLS: how compass works, orient a map, read map symbols (pp. 66-72)	teach compass use and map reading for hike [doing orienteering later]	compasses, map of area
	Tenderfoot	11	CAMPING/HIKING SKILLS: identify poisonous plants, how to treat exposure (p. 59/318)	discuss during hike	poisonous plant identification handout
	2 nd Class	1b	HIKING SKILLS: 5-mile hike w/map & compass (pp. 73-74)	during hike have scouts determine direction to various points with compass and map (like the "darn" when at the back of the lake)	compasses, map of area (pref. topo)
	2 nd Class	5	CAMPING SKILLS: identify evidence of 10 wild animals (p. 89-97)	discuss during hike	animal identification handout
	1 st Class	6	CAMPING/HIKING SKILLS: identify 10 native plants (pp. 131-137)	discuss during hike	plant identification handout
Monday (pm)	2 nd Class	3	CITIZENSHIP SKILLS: participate in flag ceremony (p. 87)	retire flag in camp	
Tuesday	2 nd Class	3	CITIZENSHIP SKILLS: participate in flag ceremony (p. 87)	raise flag in camp	flags, commands
	Tenderfoot	7	Explain: Scout Oath, Law, Motto, Slogan (pp. 45-55)	Recite Motto, Slogan, Law. Discuss meaning of second 4 points of Law. Recite Oath.	
	Tenderfoot	4b	KNOT SKILLS: two half-hitches, taut-line hitch (pp.35-37)	review knot tying previously learned	ropes
	Tenderfoot	4b	KNOT SKILLS: use of two half-hitches, taut-line hitch	tie down dining flys, redo knots on any camp tents	camp tents, dining flys

Day	Rank	Req.	Skill	Activity	Supplies
Tuesday	1 st Class	7a,b	KNOT SKILLS: discuss use of lashings; demonstrate timber hitch, clove hitch; lashing – square, shear, diagonal, tripod, round, floor (pp. 137–148)	practice and build gateway with lashings	ropes, poles
	1 st Class	7c	KNOT SKILLS: make a camp gadget (pp. 137–148)	gateway, doorbell on tripod	ropes, poles
Tuesday (free swim)	2 nd Class	7a, b,c	SWIMMING SKILLS: precautions, test, rescue methods (p. 98–107)	PRE-ARRANGE WITH CAMP SWIM STAFF	
Tuesday (pm)	2 nd Class	3	CITIZENSHIP SKILLS: participate in flag ceremony (p. 87)	retire flag in camp	commands
Wednesday	2 nd Class	3	CITIZENSHIP SKILLS: participate in flag ceremony (p. 87)	raise flag in camp	flags, commands
	Tenderfoot	7	Explain: Scout Oath, Law, Motto, Slogan (pp. 45–55)	Recite Motto, Slogan, Law. Discuss meaning of third 4 points of Law. Recite Oath.	
	2 nd Class	2d	COOKING SKILLS: prepare tinder, kindling, and fuel (p. 86)	discuss different types, collect samples, build teepee/lean to/log cabin	
	2 nd Class	2e	COOKING SKILLS: use of fire & stove (p. 86)	discuss fire and stove use and precautions	stove
	2 nd Class	2f	COOKING SKILLS: light a cooking fire and stove (p. 86)	train on lighting a fire and stove	stove
	1 st Class	2	HIKING SKILLS: orienteering course (pp. 118–125)	SET UP IN ADVANCE	course supplies, compasses
Wednesday (pm)	2 nd Class	3	CITIZENSHIP SKILLS: participate in flag ceremony (p. 87)	retire flag in camp	commands
Thursday	2 nd Class	3	CITIZENSHIP SKILLS: participate in flag ceremony (p. 87)	raise flag in camp	flags, commands
	Tenderfoot	7	Explain: Scout Oath, Law, Motto, Slogan (pp. 45–55)	Recite Law, Motto, Slogan. Recite Oath. Discuss meaning Oath.	
	1 st Class	8a	KNOT SKILLS: Tie and use bowline (pp. 148–150)	in preparation for swim skills below	ropes
	2 nd Class	4	CITIZENSHIP SKILLS: 1 hour service project (p. 88)	PRE-ARRANGE PROJECT WITH CAMP STAFF	
	1 st Class	9c,d	SWIMMING SKILLS: survival skills — in clothing, rope rescue (pp. 160–163)	PRE-ARRANGE WITH CAMP SWIM STAFF	ropes
Thursday (pm)	2 nd Class	3	CITIZENSHIP SKILLS: participate in flag ceremony (p. 87)	retire flag in camp	commands
Friday	2 nd Class	3	CITIZENSHIP SKILLS: participate in flag ceremony (p. 87)	raise flag in camp	flags, commands
	Tenderfoot	7	Explain: Scout Oath, Law, Motto, Slogan (pp. 45–55)	Recite Law, Motto, Slogan, Oath. Discuss what they mean to the scouts.	
	Tenderfoot	12a	FIRST AID SKILLS: choking (pp. 296–7)	teach Heimlich maneuver	sleeping bag as dummy
	2 nd Class	6a	FIRST AID SKILLS: hurry cases: stopped breathing, bleeding, poisoning (pp. 293–302)	teach skills	triangular bandages

Day	Rank	Req.	Skill	Activity	Supplies
Friday	2 nd Class	6b	FIRST AID SKILLS: personal first aid kit (p. 289)	build kits	first aid supplies
	2 nd Class	6c	FIRST AID SKILLS: object in eye, rabid bite, puncture wound, 2nd degree burn, shock, heat stuff, hyperventilation (pp. 303, 305–306, 312, 314, 319–321)	teach using simulated injuries	
Friday (after pig roast)	2nd Class	3	CITIZENSHIP SKILLS: participate in flag ceremony (p. 87)	retire flag in camp	commands

Guidelines

Remember the following while working through the requirements:

1. **The Scouts have fun**
2. The Scouts learn
3. The Scouts advance (preferably through First Class)

Ideally, all three of the above should occur simultaneously. If a choice must be made, **fun comes first!** Fun is what keeps them coming back. And when they come back they will learn and advance. Never, ever, pick the last 2 over the first.

Your ultimate goal is two-fold:

- The new Scouts are retained in the Troop for their first year.
- The new Scouts advance to First Class within their first year.

Studies have proven that Scouts who advance to First Class and stay in Scouting for at least their first year tend to stay for several more years. Your role in this is crucial — the future of the Troop is at stake!